



Goals of Diabetes

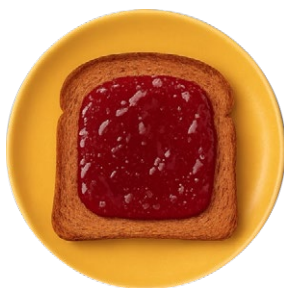


Illness

If I feel ill then I need to tell an adult so that they can help me.

I will need to follow special 'Sick Day Rules' to help manage diabetes when I am ill.

I also need to check for ketones, even if my glucose levels are in range.



I also need to eat and drink, even if I don't feel like it.

I also need to check for ketones, even if my glucose levels are in range.

If my ketone levels are 0.6mmol/L or above, then me or my parents need to take action.

