

Insulin



I can use my pump and diabetes tech with adult supervision.

I'm gradually taking responsibility for changing my insulin doses.



I know that the insulin needed depends on my blood glucose level, the amount of food that I'm about to eat and the amount of activity I've been doing or I'm about to do.

When I go to things like parties, I know how to adjust my rapid acting insulin.

I have a good understanding of food, exercise, and insulin and I know that the amount of insulin I need will increase as I grow.

I'm learning how to program my pump with the help of my parents and I can change my own infusion sets and I know that my sites need to be rotated and can inject insulin with a pen if my pump fails.

