

Social Factors

When you have exams, it's important to know how to manage diabetes. It's important to manage before, during and after, as they can be stressful situations.



I know that there are very few jobs which I cannot do because of having type one diabetes, but some jobs have restrictions for people with type one diabetes. And it can be harder to get holiday insurance when you have type one diabetes.

If you are thinking about getting a tattoo or a piercing, then talk to your diabetes team about it first, as they will be able to offer you advice on how to prepare for it.

