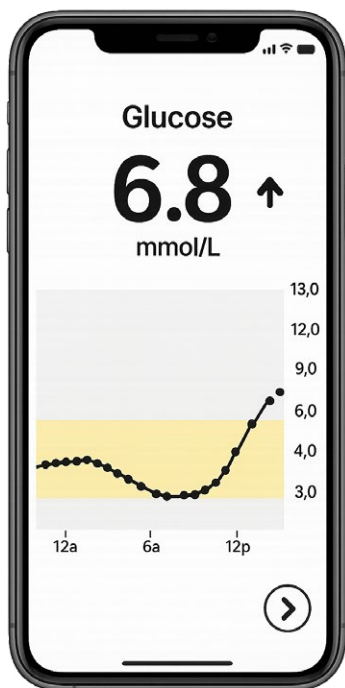


Glucose Monitoring



On a glucose monitor, the number means the amount of glucose in the blood.

I use a finger pricker and a glucose monitor to do my own blood glucose checks, and I also recognise what the arrows and sensor alarms mean.



My parents or carers act on the numbers if needed.

My HbA1c target is 48mmol/mol, and my time in range is between 4 and 10mmol/L.

My parents keep a record of my insulin doses and the glucose readings and share these with my diabetes clinic.

