

## Technology

I use a pump and a sensor and I know how to use them to manage diabetes and I know how often to change my sensor and infusion sets so that they stay effective.



I also need to rotate the sites so that they work the best for me.



Sensors can be worn here on the body:

- Back of the arms.
- Tummy.
- Top of the buttocks.



And pump cannulas can be put here on the body:

- Side of the thighs.
- Tummy.
- Top of the buttocks.
- Back of Arms.

I can change my devices on my own, but occasionally I'll need help.

