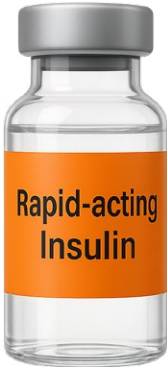


Insulin



I use an insulin pump and an insulin pen to give insulin, and I'm learning how to adjust insulin doses based on glucose levels.

Insulin helps the body work better, but can lower the blood glucose level when exercising or being active. Some insulins work faster than others, so it's important to know when to give a bolus before a meal.



I need to look after my injection and cannula sites and rotate them so that they work well for me.

I can enter the carbohydrate values of meals and snacks, and I'm able to programme my pump.



If my pump fails, I need to contact the pump manufacturer and my diabetes team to get a replacement. And when it arrives, I can programme it myself.

I can also calculate a dose of insulin and administer a pen injection. I can also change my own infusion sets.

