

Day Trips & Residentials

Here is some helpful information for when your child is going on a day trip or residential:

- School staff should have read your child's healthcare plan and know how best to support them with their type 1 diabetes. Speak to the school staff to make sure all the appropriate equipment and treatments including spares are available for them.
- Before a school trip or residential, it's a good idea to have a meeting with your child's teachers and the diabetes team, to cover what your child's individual needs are outside of school time.
- The school should provide you with a schedule. This should include time of arrival and departure, the likely activities and meal plans.
- Ensure a risk assessment is carried out by the school and appropriate action is taken.
- The school should identify at least two key workers that you and your child can liaise with both before and during the trip.
- Additional training may be required for any overnight care. These needs should be identified by the school to allow plenty of time to ensure an adequate number of staff are trained and supported.
- For residentials, It may be advisable for the school to contact you each evening to review the day and highlight any areas of concern.
- An emergency contact number should be provided to the school for you or any other carers or other emergency contacts needed.



Based on information from Diabetes UK

www.digibete.org

© COPYRIGHT 2026 DIGIBETE ALL RIGHTS RESERVED.
COMPANY REGISTRATION NUMBER: 10371773