

Diabetes Knowledge

I have type one diabetes, and my body needs insulin every day.

I can give insulin in my upper arm, the lower abdomen, outside my thigh, and the upper buttocks.

We can live like other children, but need to take insulin for our food and keep our glucose levels steady.



I will always have type one diabetes.

Nobody knows why some people get type one diabetes, and you can't catch it from other people.

It's no one's fault that this happens.

