

Insulin



My parents allow me to prepare my injection pen, and I can point to where the injections need to be.

- Back and side of arms.
- Side of the thighs.
- Tummy.
- Top of the buttocks.

I can inject myself but only when I'm being supervised. My parents help me understand about looking after my injection sites and about rotating them.

The amount of insulin I have in a day can change depending on how many carbs I eat.



I need two types of insulin every day when I'm using injections.

Background Insulin & Rapid-acting Insulin

If I'm using a pump, I can push the buttons under supervision.

If my pump stops working, I will need to use pen injections until it gets fixed.

