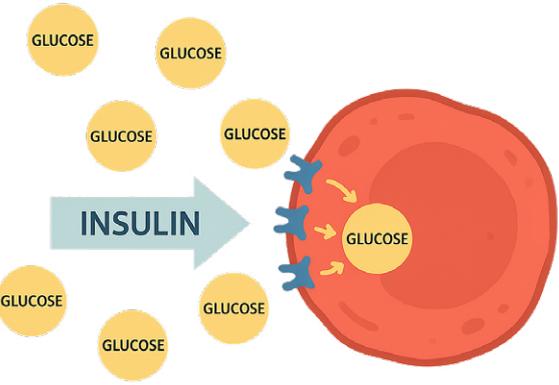


Diabetes Knowledge

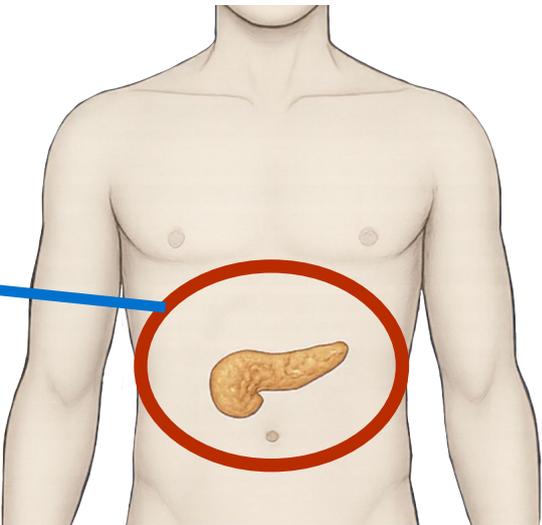
Hi, I'm Olivia and I'm 17 years old and I have type 1 diabetes. My hobbies are dancing, doing beauty such as doing nails and lashes and cheerleading outside of college.



The pancreas is a vital organ. It helps move the glucose into the bloodstream to the cells.



It helps with growth and muscle strength. It makes hormones like insulin and glucagon, which helps regulate blood glucose levels.



Pancreas
The pancreas is located in the upper abdomen behind the stomach.

Glucose is stored in the liver and the muscles. Feeling overwhelmed by diabetes tasks is very common and you can always ask your diabetes team for advice.