



Goals of Diabetes



Social Factors

You should know how to access your doctor and be informed about prescription rules with respect to diabetes care.

You also need to be involved with ordering insulin and equipment from your doctors and know how to order insulin pump and sensor supplies.

You should now be ordering and collecting your own prescriptions. If you are eighteen and over, you will need a prescription exemption certificate from your doctor.



I need to discuss strategies for the management of diabetes during exams.

There are very few jobs you can't do because of diabetes, but some jobs will have restrictions and you need to be aware of those. It's a good idea to tell an employer that you have type one diabetes so they can make adjustments for your needs.

You need to know that it may be harder with a person with diabetes to get certain types of insurance.

You can get tattoos or piercings, but it's a good idea to consult with your diabetes team for advice so then they can help you prepare for when you have it done.

