GOALS OF DIABETES

Goals of Diabetes

DigiBete

Illness

When you're ill, it's important to never stop taking insulin. Check your blood glucose levels frequently and check for ketones.

It's important to know how to adjust insulin in case of a fever and how to handle episodes of nausea and vomiting.

If you're feeling ill, you should contact your diabetes team for assistance, and it's always good to have their contact numbers readily available.

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