

Travelling Abroad?

Remember to request a travel letter from us if you are traveling abroad this year.

What is it for?

The letter states that you need to carry your insulin in your hand luggage, helping to keep your supplies safe and prevent any delays at security.

If you are using an insulin pump, it also states that the pump should **NOT** be x-rayed or scanned.

There is also a travel letter for anyone using a continuous glucose monitor.



How can I get my letter?

To request your letter, please email us at Clinical_Specialty_PaediaticDiabetesTeam_AA@aapct.scot.nhs.uk

Our values

Caring Safe Respectful